



ANGUSFIELD HOUSE



INTRODUCTION

Message From Our Manager

The past few months at Angusfield have been filled with a variety of activities, visits and new experiences for our residents. It has been lovely to see everyone coming together to enjoy music, games, creative activities and some new ideas that help keep life in the home engaging and meaningful.

We are always looking for ways to introduce new activities while continuing to enjoy familiar favourites. Seeing residents take part, share memories and spend time together is what makes these moments so worthwhile.

Thank you to our staff, families and supporters in the community who continue to contribute to the positive atmosphere in our home. We hope you enjoy reading about some of the things we have been doing recently.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign Up](#)

Best wishes,

Bob Fenwick
Home Manager

ACTIVITIES & EVENTS

Burns Day Celebrations

Burns Day was marked with a traditional Burns Lunch and a special musical performance. We were delighted to welcome Rikki back to the home to play the bagpipes, filling the building with classic Scottish tunes.

The music created a wonderful atmosphere for the celebration, with many residents enjoying the familiar sound of the pipes as they gathered together for the occasion. It was a fitting way to mark such an important day in the Scottish calendar.



Keeping Active & Having Fun

One of the newest additions to our activity programme has quickly become a favourite - the Granny Pants Game. Residents gathered in the lounges to take part, and the room was soon filled with smiles and friendly competition.

The game requires a little skill and concentration, but most of all it encourages movement and social interaction. It proved to be a light-hearted activity that everyone could enjoy together.



Flower Arranging

Residents also enjoyed a relaxed morning of flower arranging. The ladies carefully selected and arranged flowers into their own displays, taking pride in the finished results.

Activities like these offer a calm and creative way to spend time together, and the colourful arrangements brightened up the home afterwards.



Baking Together

Our baking sessions continue to be popular, and recently residents enjoyed making chocolate truffles for afternoon tea. The activity involved plenty of mixing, shaping and, of course, tasting.

The kitchen was filled with the smell of chocolate, and the finished treats were enjoyed later in the day alongside a cup of tea.



PIONEERING EXPERIENCE

Trial of the VR Therapet

Recently, we had the unique opportunity to trial the Virtual Reality Therapet, becoming the first care home in the UK to test this new technology.

The VR Therapet was developed by a doctor in Japan and uses a simple virtual reality headset to create the experience of interacting with a cat or dog. The app has been designed to be easy to use, particularly for people living with dementia.

Residents were able to see the virtual pet in their environment, give it a name and interact with it by feeding it, playing ball and gently stroking it. The aim of the experience is to encourage conversation, movement, positive emotions and relaxation.

The trial was very well received, and we look forward to welcoming the VR Therapet back again in the future.



NEWS & UPDATES

Thank You to Dunelm

Finally, we would like to say a heartfelt thank you to Dunelm, who kindly delivered gifts for each resident in the home back in December.

The thoughtful gesture was greatly appreciated by both residents and staff, and it helped make the festive season even more special.



EXTERNAL LINKS

Social Media

Make sure to check out the Angusfield House Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#) & [Google Reviews](#)



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