



ANGUSFIELD HOUSE



INTRODUCTION

Message From Our Manager

Welcome to our Summer Newsletter! The past few months have been filled with activity, creativity, and plenty of opportunities for residents to enjoy time both within the home and out in the local community. As the weather has improved, we have been making the most of the longer days by spending more time outdoors, enjoying trips around Aberdeenshire, and taking part in a variety of engaging activities.

It has been particularly rewarding to see residents embracing new experiences while also revisiting familiar places and past interests. Whether exploring local attractions, getting creative with art projects, or simply enjoying a trip out for an ice cream, these moments help create lasting memories and support wellbeing.

We would like to thank our residents, families, staff, and volunteers for their continued support and enthusiasm. We hope you enjoy reading about some of our recent highlights.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign Up](#)

Best wishes,
Diana Toneva
Interim Home Manager

ACTIVITIES & EVENTS

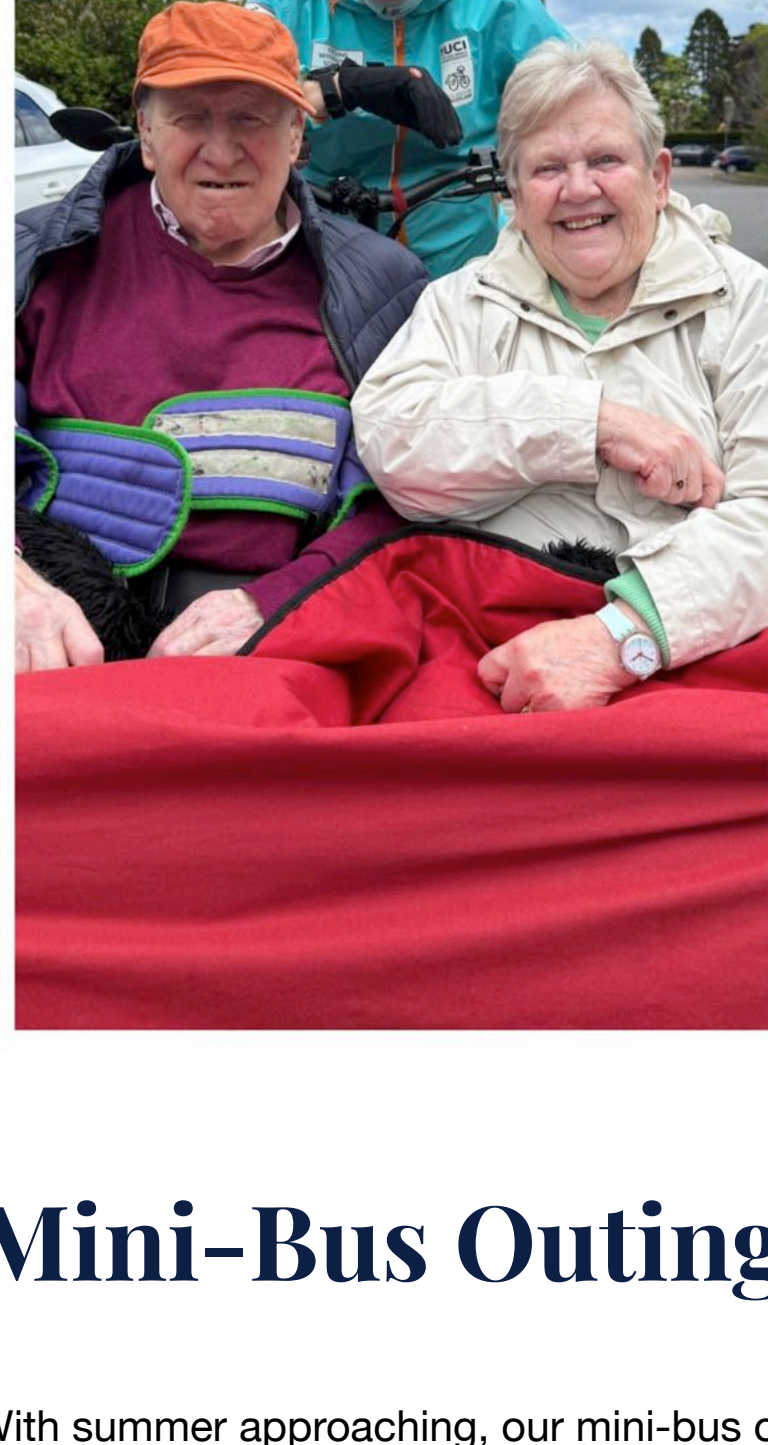
The Return of the Trishaws

One of the most eagerly anticipated activities of the season has been the return of the Trishaws to Angusfield House.

Residents have once again been enjoying the opportunity to get outdoors and experience the local area from a different perspective. The Trishaw rides provide a chance to enjoy fresh air, familiar surroundings, and meaningful conversations while taking in the scenery at a relaxed pace.

The recent spell of warm weather has made the experience even more enjoyable, allowing residents to make the most of the sunshine while spending time outdoors. Those who have already been on a ride have spoken highly of the experience, and it has been wonderful to see so many smiling faces returning from their journeys.

The Trishaws continue to be a valuable way of helping residents stay connected to the wider community while enjoying safe and accessible outdoor experiences.



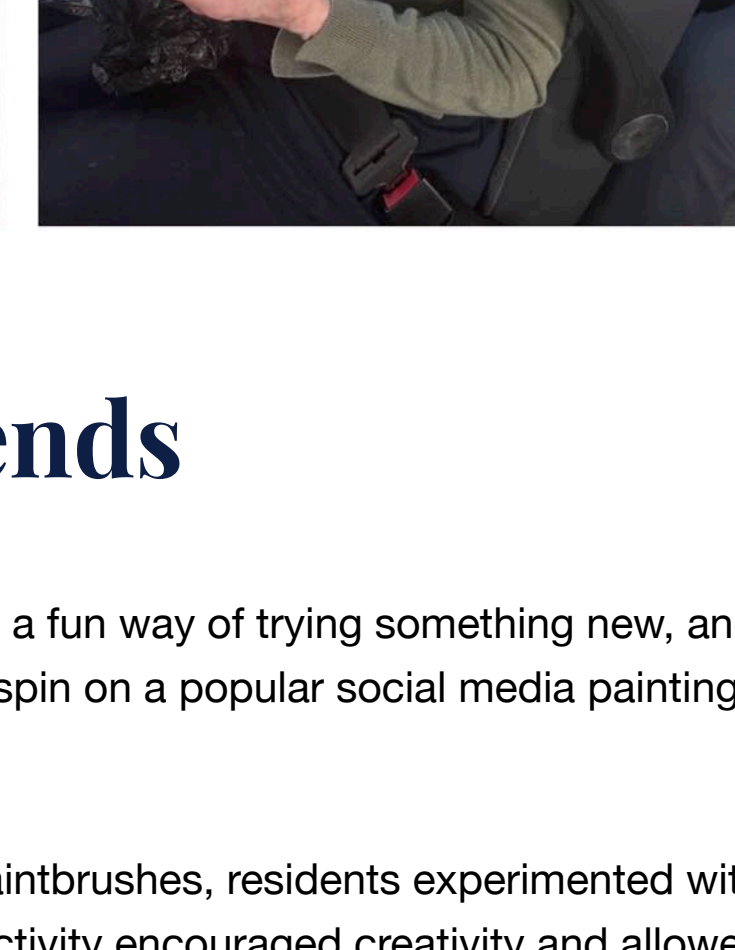
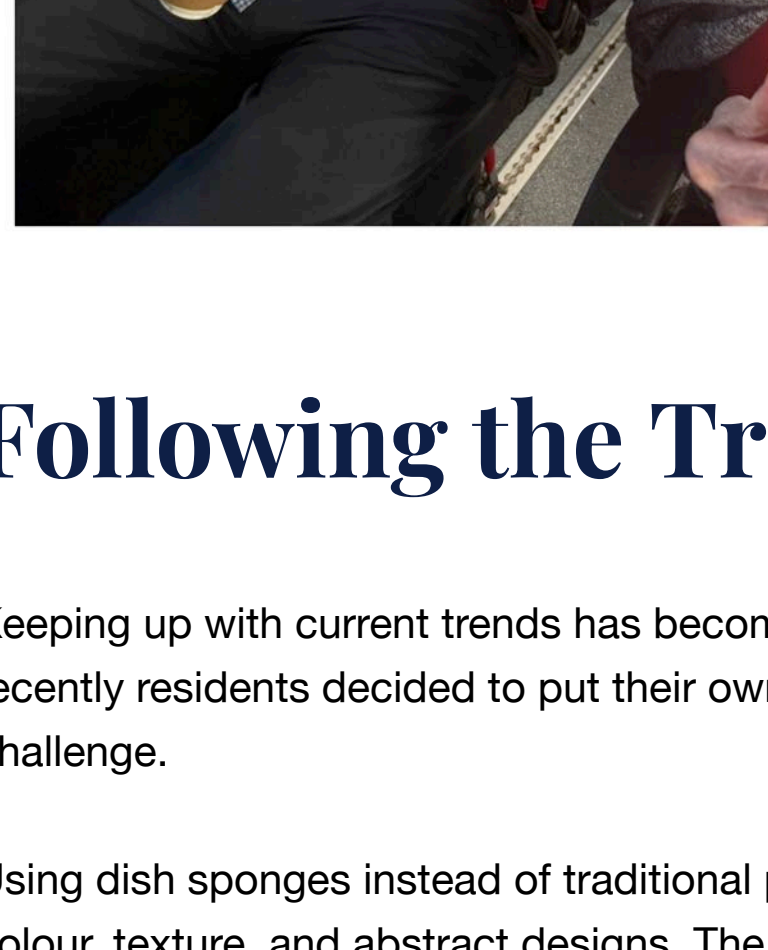
Mini-Bus Outings

With summer approaching, our mini-bus outings have become a regular feature of the activities programme, giving residents the opportunity to enjoy local trips and make the most of the good weather.

Recent outings have included visits to Banchory and Aberdeen Beach, where residents enjoyed taking in the scenery and seeing some of the changes taking place around the city. The trips have also provided opportunities to enjoy picnics, spend time together outdoors, and reminisce about favourite local destinations.

Of course, no summer outing would be complete without a stop for ice cream, which has become a popular part of every journey. These trips offer residents the chance to enjoy a change of scenery, remain connected with the local community, and spend quality time with friends.

We are already looking forward to planning further excursions throughout the summer months.



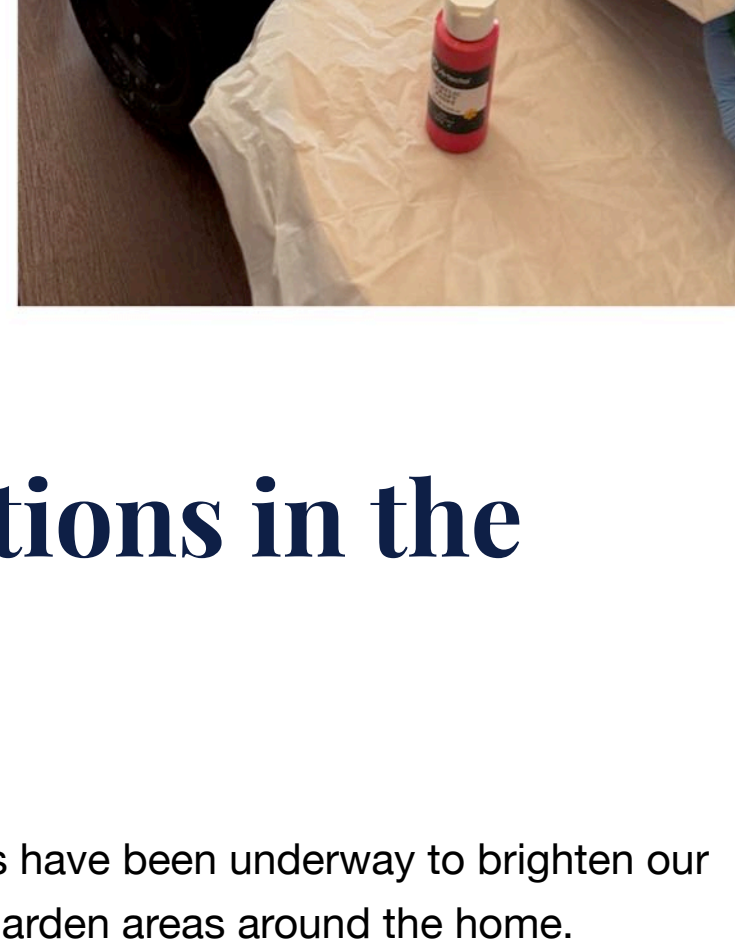
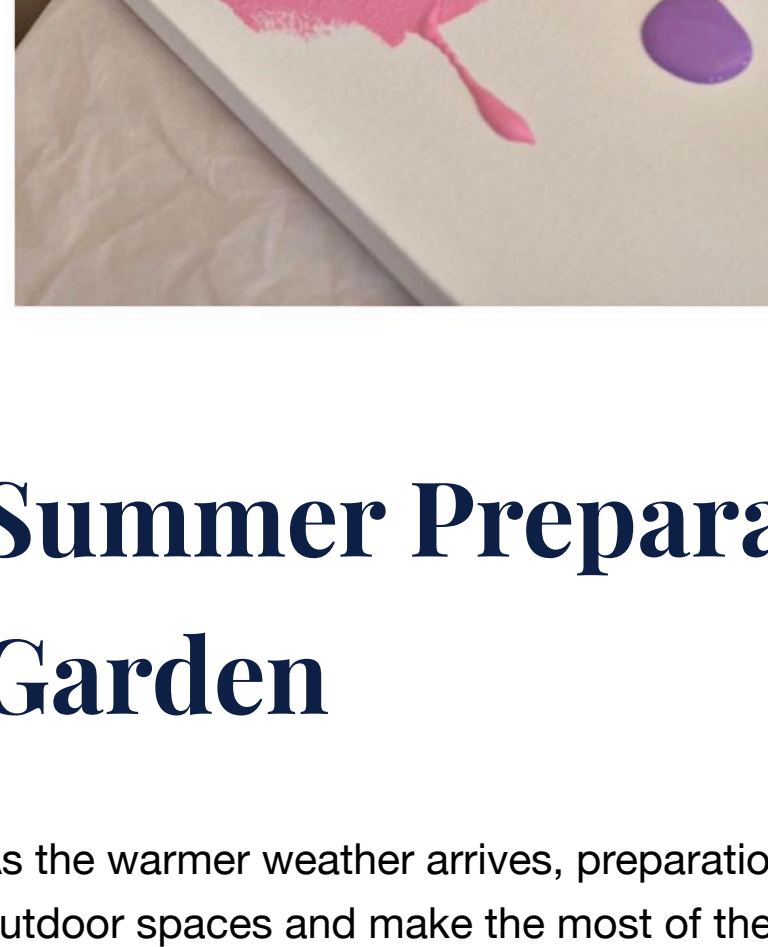
Following the Trends

Keeping up with current trends has become a fun way of trying something new, and recently residents decided to put their own spin on a popular social media painting challenge.

Using dish sponges instead of traditional paintbrushes, residents experimented with colour, texture, and abstract designs. The activity encouraged creativity and allowed everyone to explore a different approach to painting.

The results exceeded expectations, with a collection of unique and colourful artwork produced throughout the session. There was plenty of laughter along the way as residents compared their creations and discussed the surprising effects that could be achieved using such simple materials.

Stuart was particularly proud with the finished pieces and enjoyed seeing how creative everyone became. Activities like these show that inspiration can come from the most unexpected places and that trying something new can often lead to wonderful results.



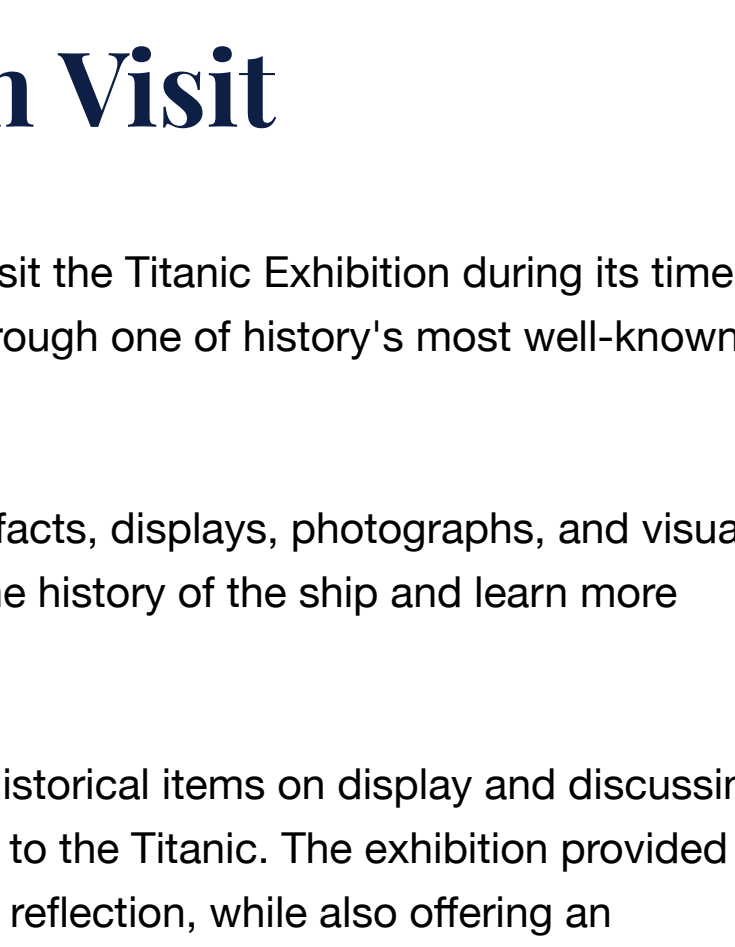
Summer Preparations in the Garden

As the warmer weather arrives, preparations have been underway to brighten our outdoor spaces and make the most of the garden areas around the home.

Stuart and Sara have been busy working on a number of projects, including creating decorative flower displays to add colour and interest throughout the grounds. One particularly creative project has involved repurposing an old sweet cart, which has been carefully painted and prepared ready to become a unique floral feature.

Residents have enjoyed watching the transformation take shape and sharing ideas for how the displays should be arranged. Gardening projects provide an excellent opportunity to spend time outdoors, encourage creativity, and create attractive spaces for everyone to enjoy throughout the summer.

We are looking forward to seeing the gardens flourish over the coming months as flowers and plants begin to bloom.



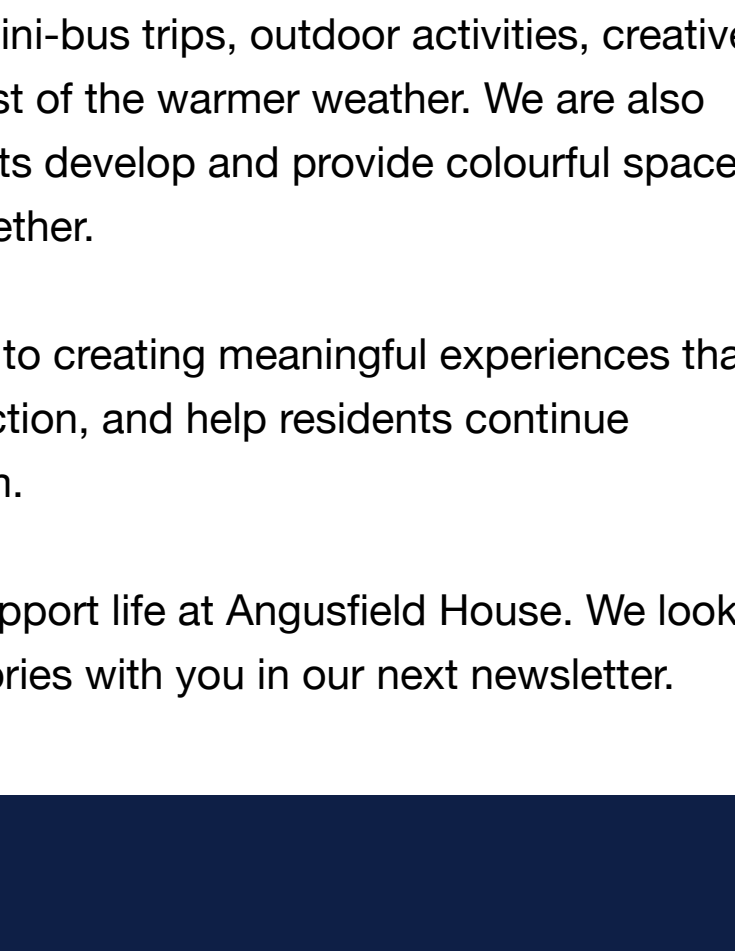
Titanic Exhibition Visit

Residents recently had the opportunity to visit the Titanic Exhibition during its time in Aberdeen, enjoying a fascinating journey through one of history's most well-known maritime stories.

The exhibition featured a wide range of artefacts, displays, photographs, and visual presentations, allowing visitors to explore the history of the ship and learn more about the people connected to its story.

Residents particularly enjoyed viewing the historical items on display and discussing their own knowledge and memories relating to the Titanic. The exhibition provided plenty of opportunities for conversation and reflection, while also offering an engaging and educational day out.

Everyone agreed that the exhibition had been thoughtfully presented and thoroughly enjoyed the opportunity to attend while it was available locally.



COMING UP

Looking Ahead

As we move further into the summer season, we are excited to continue building on the wide range of activities and outings that residents have been enjoying.

Plans are already underway for additional mini-bus trips, outdoor activities, creative projects, and opportunities to make the most of the warmer weather. We are also looking forward to seeing our garden projects develop and provide colourful spaces for residents, visitors, and staff to enjoy together.

At Angusfield House, we remain committed to creating meaningful experiences that support wellbeing, encourage social connection, and help residents continue enjoying the things that matter most to them.

Thank you to everyone who continues to support life at Angusfield House. We look forward to sharing more updates and memories with you in our next newsletter.

EXTERNAL LINKS

Social Media

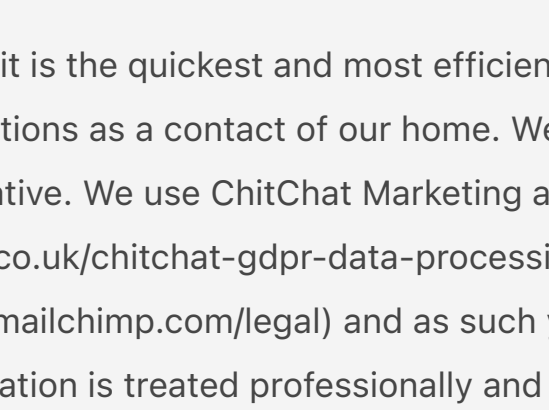
Make sure to check out the Angusfield House Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

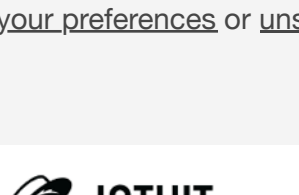
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